

| Pos'n | No  | Time    | Status | Name                | Team                         | Cat |
|-------|-----|---------|--------|---------------------|------------------------------|-----|
| 1     | 10  | 0:26:55 |        | BATEMAN, Martin     | Hillingdon AC                | SM  |
| 2     | 8   | 0:27:23 |        | BRADFORD, David     | Lewes A.C.                   | SM  |
| 3     | 9   | 0:28:04 |        | HARDS, Darryl       | Phoenix A.C.                 | SM  |
| 4     | 7   | 0:28:08 |        | CLIMPSON, James     |                              | SM  |
| 5     | 571 | 0:28:13 |        | PENNY, Mark         | Cambridge Harriers           | SM  |
| 6     | 692 | 0:28:20 |        | MOUNTFORD, James    |                              | SM  |
| 7     | 704 | 0:28:23 |        | JUDGES, Gary        | Hailsham Harriers            | M40 |
| 8     | 702 | 0:28:26 |        | BRIDGELAND, Michael | Chelmsford A.C.              | M50 |
| 9     | 594 | 0:28:29 |        | BRADFORD, Matt      | Lewes A.C.                   | SM  |
| 10    | 560 | 0:28:36 |        | LOWDEN, John        | Brighton & Hove              | M50 |
| 11    | 693 | 0:29:18 |        | CARR, Russell       | Wadhurst Runners             | SM  |
| 12    | 788 | 0:29:30 |        | OSBORN, Ciaran      | Wadhurst Runners             | SM  |
| 13    | 583 | 0:30:25 |        | WHEELER, Holly      |                              | SF  |
| 14    | 541 | 0:30:27 |        | BREGAZZI, Ciaran    | Hailsham Harriers            | M40 |
| 15    | 742 | 0:30:36 |        | BISHOP, Antony      | Steyning A.C.                | M40 |
| 16    | 520 | 0:30:37 |        | WILSON, Matthew     |                              | SM  |
| 17    | 688 | 0:30:40 |        | WARREN, Bruce       | Phoenix A.C.                 | M45 |
| 18    | 806 | 0:30:41 |        | MASTERS, Andrew     | Lewes A.C.                   | SM  |
| 19    | 6   | 0:30:44 |        | ALVAREZ, Sam        | Hailsham Harriers            | F40 |
| 20    | 603 | 0:30:53 |        | PAYNE, Paul         | Hailsham Harriers            | SM  |
| 21    | 488 | 0:31:01 |        | HART, Graham        | Haywards Heath Harriers      | M40 |
| 22    | 490 | 0:31:03 |        | BELL, Timothy John  | Hastings Runners             | M40 |
| 23    | 655 | 0:31:03 |        | SMITH, Chris        | Tunbridge Wells Harriers     | SM  |
| 24    | 601 | 0:31:11 |        | HATCHER, Gary       | Seaford Striders             | SM  |
| 25    | 474 | 0:31:17 |        | CHRYSTIE, Rob       | Hailsham Harriers            | SM  |
| 26    | 5   | 0:31:18 |        | SKELTON, Ross       | Hastings A.C.                | JM  |
| 27    | 743 | 0:31:18 |        | RICHARDS, Emma      | Hailsham Harriers            | SF  |
| 28    | 740 | 0:31:23 |        | CURRIE, Don         | Hailsham Harriers            | M45 |
| 29    | 703 | 0:31:24 |        | KING, Wendy         | Chelmsford A.C.              | F35 |
| 30    | 815 | 0:31:26 |        | HINSON, Mark        | Hastings A.C.                | M50 |
| 31    | 774 | 0:31:30 |        | GREIG, Alan         | Horsham Joggers              | M40 |
| 32    | 512 | 0:31:47 |        | THOMAS, Mark        |                              | M40 |
| 33    | 654 | 0:31:55 |        | PIPER, Chris        | Seaford Striders             | M40 |
| 34    | 763 | 0:31:56 |        | CRUTTENDEN, Joe     |                              | SM  |
| 35    | 621 | 0:32:03 |        | HARDS, Lewis        | Phoenix A.C.                 | JM  |
| 36    | 823 | 0:32:05 |        | SPARKS, Conrad      |                              | SM  |
| 37    | 459 | 0:32:16 |        | HANNANT, Colin      | Seaford Striders             | M50 |
| 38    | 689 | 0:32:17 |        | EVANS, Clifford     | Seaford Striders             | SM  |
| 39    | 747 | 0:32:17 |        | COX, Tim            | Bexhill Runners              | M40 |
| 40    | 467 | 0:32:21 |        | NOAKES, Martin      | Hastings Runners             | M45 |
| 41    | 564 | 0:32:33 |        | ROBERTSON, Scott    | Hastings Runners             | SM  |
| 42    | 554 | 0:32:34 |        | MERCER, David       |                              | M40 |
| 43    | 808 | 0:32:36 |        | RUFFELL, Andrew     | Hailsham Harriers            | SM  |
| 44    | 640 | 0:32:39 |        | MOORE, Rebecca      | Worthing & District Harriers | JF  |
| 45    | 710 | 0:32:42 |        | MOORE, Steve        | Springfield Striders         | M45 |
| 46    | 794 | 0:32:43 |        | VALENTINE, Keith    | Horsham Joggers              | M55 |
| 47    | 730 | 0:32:43 |        | FUNK, Heiko         | HELC                         | SM  |
| 48    | 556 | 0:32:46 |        | HARRISON, Sam       | Hastings Runners             | SM  |
| 49    | 821 | 0:32:48 |        | WEBB, Nick          | Hastings Runners             | M50 |
| 50    | 741 | 0:32:50 |        | NEALE, Camilla      | Steyning A.C.                | F35 |
| 51    | 609 | 0:32:54 |        | SARGENT, Paul       | Hastings Runners             | M50 |
| 52    | 755 | 0:32:58 |        | WATTENBACH, Eddie   | Wadhurst Runners             | M45 |
| 53    | 453 | 0:33:10 |        | FLETCHER, Andrew    | Paddock Wood AC              | M50 |
| 54    | 819 | 0:33:22 |        | CHAPMAN, Graham     | Heathfield Road Runners      | M45 |
| 55    | 614 | 0:33:23 |        | DYCKES, John        | Horsham Joggers              | M55 |
| 56    | 615 | 0:33:32 |        | BURFOOT, David      | Wadhurst Runners             | SM  |
| 57    | 764 | 0:33:37 |        | STONE, Roger        | Crowborough Runners          | M50 |
| 58    | 600 | 0:33:38 |        | TOLHURST, John      | Paddock Wood AC              | M55 |
| 59    | 773 | 0:33:38 |        | HAIG, Andrew        | Phoenix A.C.                 | M60 |
| 60    | 789 | 0:33:39 |        | DARBY, William      | Hastings A.C.                | M45 |

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|-----|-----|---------|-------------------|------------------------------|-----|
| 61  | 618 | 0:33:41 | CALLIAFAS, Tim    | Lewes A.C.                   | M17 |
| 62  | 438 | 0:33:42 | HOLDEN, David     | Seaford Striders             | M45 |
| 63  | 746 | 0:33:43 | BEAVER, Matthew   | Hastings Runners             | SM  |
| 64  | 659 | 0:33:43 | WESTERN, John     | Hastings Runners             | M45 |
| 65  | 566 | 0:33:44 | SOLLY, Bill       |                              | M55 |
| 66  | 824 | 0:33:50 | OSMOND, Louis     |                              | SM  |
| 67  | 446 | 0:33:54 | COULSON, David    | Hailsham Harriers            | M45 |
| 68  | 660 | 0:33:58 | SAXBY, Dale       | Hastings Runners             | JM  |
| 69  | 810 | 0:34:06 | WEBB, Stephen     | Hailsham Harriers            | SM  |
| 70  | 572 | 0:34:07 | CULLERN, Paul     | Cambridge Harriers           | M40 |
| 71  | 739 | 0:34:07 | GRENFELL, Paul    | Running Inn                  | M45 |
| 72  | 694 | 0:34:08 | BROOKER, Nick     | Wadhurst Runners             | M45 |
| 73  | 661 | 0:34:13 | LAW, Chris        | Hastings Runners             | SM  |
| 74  | 732 | 0:34:20 | FARMER, Diane     | Eastbourne Rovers            | F50 |
| 75  | 756 | 0:34:23 | SWIFT, Simeon     | Hailsham Harriers            | SM  |
| 76  | 630 | 0:34:24 | CLARKE, Alan      | Worthing & District Harriers | M60 |
| 77  | 626 | 0:34:25 | BURFOOT, Peter    | Wadhurst Runners             | M55 |
| 78  | 737 | 0:34:28 | CROSS, Anthony    | Seaford Striders             | M60 |
| 79  | 483 | 0:34:28 | BUTCHER, Nicholas |                              | M50 |
| 80  | 738 | 0:34:28 | GRENFELL, Jamie   | Running Inn                  | SM  |
| 81  | 684 | 0:34:33 | RICH, Alan        | Worthing Striders            | M60 |
| 82  | 542 | 0:34:34 | LEACH, Peter      | Wadhurst Runners             | SM  |
| 83  | 464 | 0:34:35 | PETTITT, Alan     | Horsham Joggers              | M45 |
| 84  | 534 | 0:34:37 | DEAN, Paul        |                              | M50 |
| 85  | 677 | 0:34:39 | CASSE, Mark       | Wadhurst Runners             | SM  |
| 86  | 795 | 0:34:40 | COLENSO, Jeffrey  | Horsham Joggers              | M40 |
| 87  | 708 | 0:34:45 | HALL, Nick        | Hastings Runners             | M50 |
| 88  | 506 | 0:34:54 | CAMERON, Ray      | Canterbury Harriers          | SM  |
| 89  | 667 | 0:34:57 | SHANTA, Sam       | Hailsham Harriers            | M55 |
| 90  | 700 | 0:35:02 | WHITTLE, Amy      | Hastings A.C.                | SF  |
| 91  | 800 | 0:35:09 | BARDEN, Glenn     | University of London A.C.    | SM  |
| 92  | 766 | 0:35:10 | SCHOLES, Mike     | Haywards Heath Harriers      | M55 |
| 93  | 724 | 0:35:15 | BARZEE, Darren    |                              | M40 |
| 94  | 760 | 0:35:20 | SLAUGHTER, Brian  | Eastbourne Rovers            | M50 |
| 95  | 555 | 0:35:24 | MERCER, Charlie   |                              | M17 |
| 96  | 628 | 0:35:25 | SUKOCO, Juliette  | Hailsham Harriers            | F35 |
| 97  | 758 | 0:35:27 | SOINSKI, Jacek    | Bexhill Runners              | SM  |
| 98  | 620 | 0:35:28 | HARDS, Peter      | Phoenix A.C.                 | M50 |
| 99  | 652 | 0:35:34 | LANCASTER, Gary   | Hastings Runners             | M55 |
| 100 | 545 | 0:35:34 | TIGHE, John       | Crowborough Runners          | M45 |
| 101 | 790 | 0:35:42 | LOVERIDGE, Martin |                              | M45 |
| 102 | 687 | 0:35:43 | BATCHELOR, Stuart | Seaford Striders             | M40 |
| 103 | 686 | 0:35:43 | FLETCHER, Diane   | Seaford Striders             | F40 |
| 104 | 494 | 0:35:46 | HAYES, Linda      | Wadhurst Runners             | F50 |
| 105 | 577 | 0:35:46 | DEVINE, Richard   | Hastings Runners             | SM  |
| 106 | 625 | 0:35:47 | HERMITAGE, Chris  | Hastings Runners             | M50 |
| 107 | 715 | 0:35:52 | NDLOVU, Tongai    | Pestalozzi                   | JM  |
| 108 | 783 | 0:35:55 | BULGER, Claire    | Seaford Striders             | SF  |
| 109 | 561 | 0:36:00 | EMERY, Katherine  | Hastings Runners             | SF  |
| 110 | 803 | 0:36:04 | HONEYMAN, Richard | Seaford Striders             | M45 |
| 111 | 511 | 0:36:05 | GLASPER, Anthony  |                              | SM  |
| 112 | 663 | 0:36:05 | BLOMFIELD, Pete   | Hastings Runners             | M40 |
| 113 | 543 | 0:36:05 | LAWSON, Richard   |                              | SM  |
| 114 | 798 | 0:36:11 | HARRIS, Jason     | Seaford Striders             | M40 |
| 115 | 759 | 0:36:11 | CLEMENTS, Tim     | Wadhurst Runners             | M40 |
| 116 | 757 | 0:36:21 | CHAPMAN, Angela   | Phoenix A.C.                 | SF  |
| 117 | 782 | 0:36:24 | DELEA, Lesley     | Hailsham Harriers            | F45 |
| 118 | 595 | 0:36:25 | CORNES, Lee       |                              | M55 |
| 119 | 691 | 0:36:27 | SAYNOR, Mark      |                              | M40 |
| 120 | 777 | 0:36:27 | GORMLEY, Alison   | Horsham Joggers              | F40 |
| 121 | 701 | 0:36:33 | LITTLER, Janine   | Horsham Joggers              | F40 |

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|-----|-----|---------|--------------------------|-------------------------|-----|
| 122 | 817 | 0:36:36 | HAYLER, Michael          |                         | SM  |
| 123 | 499 | 0:36:36 | BONES, Tim               |                         | M40 |
| 124 | 779 | 0:36:39 | EDNEY, Nigel             | Horsham Joggers         | M45 |
| 125 | 589 | 0:36:42 | MUGGRIDGE, Ben           | Hastings Runners        | SM  |
| 126 | 679 | 0:36:43 | WELBURY, James           | Crowborough Runners     | M50 |
| 127 | 623 | 0:36:44 | BURNHAM, Frances         | Hastings A.C.           | F50 |
| 128 | 750 | 0:36:48 | PEREZ-DIAZ, Kevin Andrew | Wadhurst Runners        | NDB |
| 129 | 722 | 0:36:52 | CREASEY, Shaun           |                         | SM  |
| 130 | 456 | 0:36:53 | ROGERS, Oscar            | Hastings Runners        | M17 |
| 131 | 776 | 0:36:54 | JONES, David             | Wadhurst Runners        | M60 |
| 132 | 733 | 0:36:55 | MANNION, Oliver          |                         | M40 |
| 133 | 505 | 0:36:55 | WOOD, Dave               |                         | M40 |
| 134 | 796 | 0:36:58 | FRASER, William          | Hailsham Harriers       | M55 |
| 135 | 605 | 0:37:00 | RANDOLPH, Fergus         | Wadhurst Runners        | M45 |
| 136 | 816 | 0:37:01 | NORMAN, Colin            |                         | M45 |
| 137 | 565 | 0:37:01 | HUGHES, Robert           | Lewes A.C.              | M60 |
| 138 | 500 | 0:37:06 | WEBSTER, Felicity        | Hailsham Harriers       | SF  |
| 139 | 532 | 0:37:11 | DAVIES, Owen             |                         | M45 |
| 140 | 540 | 0:37:12 | WARD, Robert             | Seaford Striders        | M60 |
| 141 | 613 | 0:37:15 | TAYLOR, John             | Hailsham Harriers       | M70 |
| 142 | 461 | 0:37:17 | NEALE, Nicholas          | Hastings Runners        | M45 |
| 143 | 801 | 0:37:19 | WOOD, William            |                         | M55 |
| 144 | 797 | 0:37:22 | HORN, Steven Mark        | Haywards Heath Harriers | M40 |
| 145 | 753 | 0:37:24 | JARVIS, Ian              | Hastings Runners        | SM  |
| 146 | 498 | 0:37:25 | GRAY, Tim                | Chiltern Church Runners | M40 |
| 147 | 516 | 0:37:28 | MCINNES, Ian             |                         | SM  |
| 148 | 729 | 0:37:30 | HLACACEK, Marek          | HELC                    | SM  |
| 149 | 590 | 0:37:30 | MUGGRIDGE, Lynda         | Hastings Runners        | SF  |
| 150 | 447 | 0:37:31 | CAMPBELL, Jackie         | Crowborough Runners     | F40 |
| 151 | 802 | 0:37:35 | COX, Angie               | Seaford Striders        | F35 |
| 152 | 792 | 0:37:39 | RACKSTRAW, Paul          | Hastings A.C.           | M50 |
| 153 | 804 | 0:37:41 | GALEA, Adrian            | Bexhill Runners         | SM  |
| 154 | 493 | 0:37:45 | WREN, Tina               | Hastings Runners        | F40 |
| 155 | 627 | 0:37:45 | COWLEY, Peter J          |                         | M50 |
| 156 | 719 | 0:37:51 | YESHI, Sangay            | Pestalozzi              | JM  |
| 157 | 624 | 0:37:53 | GATELY, John             | Hastings A.C.           | M55 |
| 158 | 569 | 0:37:54 | WHATFORD, Howard         |                         | M40 |
| 159 | 781 | 0:37:55 | WEBBER, Robert           | Seaford Striders        | M50 |
| 160 | 647 | 0:37:58 | MATTHEWS, Paul           |                         | SM  |
| 161 | 778 | 0:38:01 | MULLINS, Tim             |                         | SM  |
| 162 | 713 | 0:38:03 | MANDA, Kondwani          | Pestalozzi              | JM  |
| 163 | 697 | 0:38:07 | FLINT, John              |                         | M55 |
| 164 | 487 | 0:38:10 | NOAKES, Peter            | Hastings Runners        | M45 |
| 165 | 428 | 0:38:12 | COATES, Richard          | Hastings Runners        | M45 |
| 166 | 765 | 0:38:14 | DAY, Deborah             | Haywards Heath Harriers | F45 |
| 167 | 599 | 0:38:19 | KEMP, Albert             | Wadhurst Runners        | M60 |
| 168 | 533 | 0:38:19 | EDWARDS, Dean            | Road Runners Club       | SM  |
| 169 | 443 | 0:38:20 | JURY, Tim                | Hastings Runners        | M55 |
| 170 | 674 | 0:38:26 | VINCENT, Russell         |                         | M45 |
| 171 | 716 | 0:38:27 | DJOH SHAH, Pritam        | Pestalozzi              | JM  |
| 172 | 822 | 0:38:30 | COHEN, Andy              |                         | SM  |
| 173 | 707 | 0:38:39 | RAMSEY, Juliette         | Hastings Runners        | F40 |
| 174 | 588 | 0:38:45 | BARHAM, Katy             | Hastings A.C.           | F40 |
| 175 | 805 | 0:38:49 | MATTHEWS, Chris          | Hastings Runners        | SM  |
| 176 | 471 | 0:38:50 | NEWBURY, Stephen         | Hastings Runners        | SM  |
| 177 | 656 | 0:39:00 | HOVER, Paul              |                         | SM  |
| 178 | 479 | 0:39:00 | DRAKE, Peter             | Hailsham Harriers       | M50 |
| 179 | 690 | 0:39:02 | COLBRAN, Judy            | Hailsham Harriers       | F35 |
| 180 | 712 | 0:39:04 | CARDER, Tim              | Brighton & Hove         | M50 |
| 181 | 668 | 0:39:11 | SULLY, Glenn             | Hastings Runners        | M50 |
| 182 | 481 | 0:39:17 | GARNER, Sue              | Lingfield R.C.          | F60 |

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|-----|-----|---------|---------------------|-------------------------|-----|
| 183 | 649 | 0:39:18 | SINFIELD, Kelly     | Hastings Runners        | SF  |
| 184 | 657 | 0:39:21 | HOWICK, Laurence    | Horsham Blue Stars      | M55 |
| 185 | 769 | 0:39:29 | POLLOCK, David      | Hastings Runners        | M55 |
| 186 | 683 | 0:39:33 | BARKER, Brian       |                         | M65 |
| 187 | 793 | 0:39:36 | MATHIEU, Don        | Hastings Runners        | M60 |
| 188 | 448 | 0:39:36 | WOOD, Cheryl        | Hastings Runners        | F65 |
| 189 | 538 | 0:39:38 | HOWITT, Alistair    | Wadhurst Runners        | M50 |
| 190 | 469 | 0:39:41 | HUGGETT, Sylvia     | Hastings Runners        | F60 |
| 191 | 449 | 0:39:50 | WOOD, Colin         | Hastings Runners        | M60 |
| 192 | 767 | 0:39:57 | DENNY, Steve        | Hastings Runners        | M45 |
| 193 | 450 | 0:40:00 | LE BEAU, Chris      | Seaford Striders        | M60 |
| 194 | 558 | 0:40:02 | NEARY, Helen        | Wadhurst Runners        | F55 |
| 195 | 809 | 0:40:04 | MANWARING, Steve    |                         | M45 |
| 196 | 785 | 0:40:07 | THOMPSON, Glynn     | Horsham Joggers         | M55 |
| 197 | 435 | 0:40:10 | HINTON, Mark        |                         | M45 |
| 198 | 559 | 0:40:14 | YOUNG, Janice       | Hastings Runners        | F50 |
| 199 | 524 | 0:40:14 | MCSWEENEY, Jim      |                         | SM  |
| 200 | 439 | 0:40:17 | FUNNELL, Suzi       | Hastings Runners        | F35 |
| 201 | 492 | 0:40:20 | WRATHALL, Chris     | Seaford Striders        | M50 |
| 202 | 723 | 0:40:25 | KERRY, Becky        | Hastings Runners        | F35 |
| 203 | 508 | 0:40:32 | MITCHELL, Craig     |                         | SM  |
| 204 | 658 | 0:40:34 | PARNELL, Lee        | Hastings Runners        | SM  |
| 205 | 535 | 0:40:35 | COCKER, Peter       | Hastings Runners        | M65 |
| 206 | 791 | 0:40:38 | MORRISSEY, Richard  |                         | M60 |
| 207 | 635 | 0:40:40 | MCINERNEY, Jane     |                         | F50 |
| 208 | 665 | 0:40:47 | GREEN, Mark         |                         | M40 |
| 209 | 619 | 0:40:57 | DIVALL, Karin       | Lewes A.C.              | F50 |
| 210 | 646 | 0:41:07 | WALKER, Ian         | Seaford Striders        | M50 |
| 211 | 495 | 0:41:14 | KLOSS, Yvette       |                         | SF  |
| 212 | 676 | 0:41:17 | BUCHANAN, Steve     | Hastings Runners        | M55 |
| 213 | 574 | 0:41:20 | ENGLAND, Alma       | Heathfield Road Runners | F45 |
| 214 | 441 | 0:41:23 | DORGAN, Phil        |                         | M60 |
| 215 | 544 | 0:41:25 | JONES, Jonathan     |                         | SM  |
| 216 | 768 | 0:41:26 | WHITTINGTON, Tracey | Hastings Runners        | F45 |
| 217 | 604 | 0:41:30 | STANDEN, Suzy       | Hailsham Harriers       | SF  |
| 218 | 576 | 0:41:37 | DAYKIN, Matt        |                         | SM  |
| 219 | 596 | 0:41:39 | WINTER, Eddie       | Arena 80 A.C.           | M40 |
| 220 | 720 | 0:41:46 | JONES, Emily        | Eastbourne Rovers       | SF  |
| 221 | 551 | 0:41:53 | ARMOUR, Craig       |                         | M50 |
| 222 | 675 | 0:41:54 | KERWIN, Ian         |                         | SM  |
| 223 | 573 | 0:41:57 | CLARK, PAUL         |                         | M45 |
| 224 | 771 | 0:42:05 | MORGAN, Stan        | Hastings Runners        | M50 |
| 225 | 731 | 0:42:20 | THORNHILL, Judith   |                         | F55 |
| 226 | 787 | 0:42:21 | FOORD, Mike         | Hastings Runners        | M65 |
| 227 | 451 | 0:42:21 | BASHFORD, Andy      | Hastings Runners        | M55 |
| 228 | 744 | 0:42:21 | ELLIS, Louise       | Crowborough Runners     | F35 |
| 229 | 521 | 0:42:22 | SEDGE, Teresa       | Crowborough Runners     | SF  |
| 230 | 547 | 0:42:29 | BROOKS, Anne        | Hastings Runners        | F55 |
| 231 | 749 | 0:42:38 | CORDEUX, Paul       | Hastings Runners        | M50 |
| 232 | 698 | 0:42:43 | CROFT, Edward       |                         | M40 |
| 233 | 814 | 0:42:44 | GURNEY, Andrew      |                         | SM  |
| 234 | 685 | 0:42:47 | RICH, Pauline       | Serpentine Running Club | F65 |
| 235 | 598 | 0:42:47 | VAN AALST, Debra    | Hastings Runners        | F45 |
| 236 | 780 | 0:42:52 | HOLLOBONE, Richard  |                         | SM  |
| 237 | 455 | 0:42:55 | ROGERS, Christopher | Hastings Runners        | JM  |
| 238 | 606 | 0:42:57 | PASCO, John         |                         | SM  |
| 239 | 770 | 0:42:57 | COOPER, Patience    | Hastings A.C.           | F55 |
| 240 | 711 | 0:43:00 | KIBBLEWHITE, Maria  | Hastings Runners        | F40 |
| 241 | 430 | 0:43:02 | EMERY, Keith        | Hastings Runners        | M60 |
| 242 | 562 | 0:43:03 | BREESE, Karen       | Hailsham Harriers       | F35 |
| 243 | 563 | 0:43:17 | BEANEY, Andy        | Hastings Runners        | M40 |

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|-----|-----|---------|---------------------|-------------------------|-----|
| 244 | 799 | 0:43:20 | SKINNER, Tony       | Hastings Runners        | M45 |
| 245 | 476 | 0:43:28 | REA, Penny          | Haywards Heath Harriers | F70 |
| 246 | 517 | 0:43:28 | EDWARDS, Lauren     |                         | SF  |
| 247 | 813 | 0:43:31 | BUSS, Julian        | Hastings Runners        | M40 |
| 248 | 735 | 0:43:35 | WHITWORTH, Peter    | Lewes A.C.              | M70 |
| 249 | 552 | 0:43:36 | YOUNG, Alyson       | Wimbledon Windmilers    | F50 |
| 250 | 575 | 0:43:38 | PAGE, Heather       |                         | F35 |
| 251 | 726 | 0:43:47 | COLLINS, Emma       |                         | F35 |
| 252 | 807 | 0:43:55 | BAKER, Dean         |                         | M45 |
| 253 | 592 | 0:44:06 | DRINKWATER, Lee     |                         | SM  |
| 254 | 638 | 0:44:14 | DUBBER, Carrie      | Hastings Runners        | F40 |
| 255 | 754 | 0:44:28 | CHAPMAN, Steven     |                         | M50 |
| 256 | 527 | 0:44:36 | KIMBER, Richard     | Seaford Striders        | M65 |
| 257 | 504 | 0:44:37 | FULLAGER, Nick      |                         | M55 |
| 258 | 634 | 0:44:40 | EMERSON, Paul       | Hastings A.C.           | M50 |
| 259 | 546 | 0:44:41 | SINDEN, Mace        | Hastings Runners        | M50 |
| 260 | 568 | 0:44:41 | WHATFORD, Cara      |                         | F35 |
| 261 | 514 | 0:44:44 | COLEMAN, Chris      |                         | SM  |
| 262 | 616 | 0:44:47 | MATTHEWS, Rachel    | Heathfield Road Runners | F40 |
| 263 | 519 | 0:44:54 | DOLAN, Matthew      |                         | SM  |
| 264 | 518 | 0:44:54 | HAFFENDEN, Colin    |                         | SM  |
| 265 | 695 | 0:44:55 | WEST, Julie         | Hastings Runners        | F45 |
| 266 | 530 | 0:44:59 | HOAD, Jane          |                         | F60 |
| 267 | 672 | 0:45:01 | BRAMPTON, Wendy     | Hastings Runners        | F45 |
| 268 | 645 | 0:45:01 | BAKER, Rose         |                         | F45 |
| 269 | 468 | 0:45:07 | HUGGETT, Ronald     | Hastings Runners        | M60 |
| 270 | 473 | 0:45:09 | WOOD, Clive         | Road Runners Club       | M55 |
| 271 | 673 | 0:45:18 | ANGEL, Alan         | Hastings Runners        | M55 |
| 272 | 812 | 0:45:19 | KEHOE, Michael      | Running Inn             | M45 |
| 273 | 480 | 0:45:20 | WESTLEY, Delia      | Henfield Joggers        | F65 |
| 274 | 784 | 0:45:21 | WOOD, Shaun         |                         | M45 |
| 275 | 579 | 0:45:21 | WRIGHT, Philip John | Hastings Runners        | M65 |
| 276 | 745 | 0:45:23 | POPE, Sally         | Hastings Runners        | F35 |
| 277 | 580 | 0:45:29 | HAAS, Marybeth      |                         | F40 |
| 278 | 434 | 0:45:42 | HINTON, Donna       | Hailsham Harriers       | F40 |
| 279 | 436 | 0:45:46 | BRADGATE, Maggi     | Crowborough Runners     | F55 |
| 280 | 431 | 0:45:50 | SILLENCE, Ian       | Bexhill Runners         | M45 |
| 281 | 482 | 0:45:51 | COOK, Tammie        |                         | F35 |
| 282 | 633 | 0:45:59 | EMERSON, Simon      |                         | SM  |
| 283 | 548 | 0:46:09 | WINBORN, Maureen    | Haywards Heath Harriers | F60 |
| 284 | 593 | 0:46:15 | AUSTEN, Carolyn     | Phoenix A.C.            | F55 |
| 285 | 484 | 0:46:19 | STYLES, Brenda      | Crowborough Runners     | F60 |
| 286 | 636 | 0:46:25 | BARTLETT, Edwin     | Veterans Athletic Club  | M65 |
| 287 | 639 | 0:46:34 | NEWPORT, Gary       | Lancing Eagles          | M40 |
| 288 | 526 | 0:46:35 | RINGROSE, Sophie    |                         | M45 |
| 289 | 637 | 0:46:42 | ARCHER, Mark        |                         | M40 |
| 290 | 587 | 0:46:43 | CURCHER, Colin      | Hastings Runners        | M70 |
| 291 | 570 | 0:46:44 | MCKENNA, Tony       |                         | M50 |
| 292 | 429 | 0:46:52 | COATES, Louise      | Hastings Runners        | F55 |
| 293 | 651 | 0:47:01 | WALSH, Gary         |                         | M45 |
| 294 | 650 | 0:47:01 | WALSH, Janet        |                         | F45 |
| 295 | 717 | 0:47:16 | KAMBLE, Pravin      | Pestallozzi             | JM  |
| 296 | 680 | 0:47:35 | DEE, Michael        | Henfield Joggers        | M70 |
| 297 | 454 | 0:47:41 | MEAKIN, Caroline    |                         | F55 |
| 298 | 485 | 0:47:48 | EARLE, Gillian      | Hastings Runners        | SF  |
| 299 | 666 | 0:47:56 | BATES, Neil         |                         | M55 |
| 300 | 445 | 0:48:03 | UNDERDOWN, Marion   | Hailsham Harriers       | F50 |
| 301 | 486 | 0:48:04 | HARDING, Victoria   | Hastings Runners        | F35 |
| 302 | 705 | 0:48:17 | HILLIARD, Sarah     | Crowborough Runners     | F50 |
| 303 | 762 | 0:48:33 | EATON, Andy         | Bodyworks XTC Tri Store | M45 |
| 304 | 539 | 0:48:41 | LAVERS, Sue         | Hastings Runners        | F45 |

|     |     |         |                       |                     |     |
|-----|-----|---------|-----------------------|---------------------|-----|
| 305 | 567 | 0:48:46 | SLOW, Natasha         | Hastings Runners    | F35 |
| 306 | 515 | 0:48:52 | MCINNES, Rachel       |                     | F35 |
| 307 | 622 | 0:48:56 | BOYLE, Brenda         | Hastings Runners    | F55 |
| 308 | 775 | 0:49:04 | TEAGUE, Paul          |                     | M50 |
| 309 | 536 | 0:49:04 | KEWELL, Keith         | Hastings Runners    | M65 |
| 310 | 507 | 0:49:05 | HENSON, Jason         |                     | SM  |
| 311 | 597 | 0:49:22 | WOODCOCK, Jo          | Hastings Runners    | F55 |
| 312 | 607 | 0:49:22 | BURNHAM, Sarah        | Hastings Runners    | F35 |
| 313 | 501 | 0:50:05 | WENHAM, Gary          |                     | M45 |
| 314 | 727 | 0:50:18 | RANSON, Hayley        |                     | F45 |
| 315 | 721 | 0:50:19 | HILL, Davinia         | Hastings Runners    | F40 |
| 316 | 734 | 0:50:33 | BATES, Abbe           |                     | SF  |
| 317 | 728 | 0:50:35 | HONG, Seok Joon       | HELC                | SM  |
| 318 | 818 | 0:51:03 | CALLOW, Kim           | Hastings Runners    | M50 |
| 319 | 632 | 0:51:37 | JACKSON, Jemma        |                     | SF  |
| 320 | 662 | 0:51:37 | DRIFFIELD, Louise     | Hastings Runners    | SF  |
| 321 | 669 | 0:51:37 | CABBAN, Paul          | Hastings Runners    | M65 |
| 322 | 631 | 0:51:38 | SLEEP, LAURA          |                     | SF  |
| 323 | 820 | 0:51:55 | ROSER, Rachael        | Hastings Runners    | F35 |
| 324 | 437 | 0:51:55 | WILSON, Erica         | Hastings Runners    | F60 |
| 325 | 509 | 0:52:10 | TAGGART, Sarah        |                     | SF  |
| 326 | 510 | 0:52:14 | JONES, Vikki          |                     | F40 |
| 327 | 432 | 0:52:36 | JOHNSON, Andrea       |                     | SF  |
| 328 | 433 | 0:52:36 | JOHNSON, David        |                     | SM  |
| 329 | 811 | 0:52:46 | BASSETT, Stephanie    |                     | SF  |
| 330 | 557 | 0:52:47 | CROUCHER, Alan        | Hastings Runners    | M50 |
| 331 | 478 | 0:52:53 | DRAKE, Simon          |                     | SM  |
| 332 | 602 | 0:52:57 | MORLEY, Pam           | Bexhill Runners     | F45 |
| 333 | 718 | 0:54:08 | DOLMA, Thupten        | Pestalozzi          | JF  |
| 334 | 452 | 0:54:28 | CALLAGHAN, Jill       |                     | F60 |
| 335 | 472 | 0:54:28 | CALLAGHAN, Faye       |                     | SF  |
| 336 | 678 | 0:54:41 | WELBURY, Dominique    | Crowborough Runners | F50 |
| 337 | 442 | 0:54:48 | WINDER, Robert        | Road Runners Club   | M75 |
| 338 | 699 | 0:54:54 | ABRAHIM, Sally        | Paddock Wood AC     | F40 |
| 339 | 444 | 0:55:01 | CLARIDGE, Robert      | Hastings Runners    | M65 |
| 340 | 748 | 0:55:31 | CALLOW, Arrianne      | Hastings Runners    | F50 |
| 341 | 550 | 0:55:59 | HILDER, Jane          | Hastings Runners    | F45 |
| 342 | 643 | 0:57:33 | GREEN, Janet          |                     | F45 |
| 343 | 644 | 0:57:33 | PARSONS, Debbie       |                     | F35 |
| 344 | 460 | 0:57:54 | MEAKIN, Richard       |                     | M55 |
| 345 | 522 | 0:58:24 | BROWNING, Ken         | Seaford Striders    | M65 |
| 346 | 457 | 0:58:59 | ROGERS, Nina          | Hastings Runners    | F40 |
| 347 | 653 | 0:59:40 | DOLAN, Eddie          | Bexhill Runners     | M75 |
| 348 | 502 | 1:00:58 | EMBERTON, Audrey      |                     | F60 |
| 349 | 586 | 1:01:00 | GAYE, Wilfrid         | Hastings Runners    | M65 |
| 350 | 465 | 1:01:00 | MURRAY, Morag         | Hastings Runners    | F50 |
| 351 | 503 | 1:01:10 | EMBERTON, Steve       |                     | M60 |
| 352 | 477 | 1:01:29 | ANDREW, Kathryn       |                     | SF  |
| 353 | 497 | 1:01:43 | KLOSS, Victor         | Criminon UK         | SM  |
| 354 | 696 | 1:01:49 | SANDERS, Shirley      |                     | F50 |
| 355 | 671 | 1:03:20 | COURTALD, Josh        |                     | SM  |
| 356 | 670 | 1:03:21 | BROWNING, Geoff       | Hastings Runners    | M60 |
| 357 | 772 | 1:03:57 | HARVEY, Chris         | Hastings Runners    | F60 |
| 358 | 629 | 1:04:57 | COPE, Richard         |                     | SM  |
| 359 | 496 | 1:06:41 | LAYTON, Tara          |                     | SF  |
| 360 | 681 | 1:24:34 | DEE, Cynthia May      | Henfield Joggers    | F60 |
| 361 | 466 | 1:24:34 | YOUNG, William (Bill) | Seaford Striders    | M70 |

| Categories      |              |              | Reports | View    | Refresh |
|-----------------|--------------|--------------|---------|---------|---------|
| All Competitors | Female Vet 2 | Female Vet 6 | Indiv.  | Entrv   | Now     |
| Junior Ladies   | Female Vet 3 | Female Vet 7 | Team    | Finish  | Auto    |
| Senior Ladies   | Female Vet 4 | Junior Men   | Prizes  | Meetina |         |
| Female Vet 1    | Female Vet 5 | More...      |         | Note    | Close   |