



HASTINGS RUNNERS

5 MILE ROAD RACE



6th ANNUAL KEITH CHANDLER MEMORIAL RACE

SUNDAY MAY 15th 2011- 10.30 AM Start

FROM: Outside the Town Hall, Town Centre, Hastings.

SUSSEX GRAND PRIX EVENT

Under UK Athletics Rules. SEAA Permit : 2011-0033

A fast and flat course . Minimum age is 15 Years on the day.



SPONSORED BY:



Prize/Trophies

1st, 2nd, 3rd Males, 1st Males : junior, senior, & age cats. 1 to 7

1st, 2nd, 3rd Females, 1st Females : junior, senior & age cats. 1 to 7
Team Awards (3 to score)

Note: Both veteran categories commence at age 40

£100 for setting a new course record (M & F).

{currently Ross Clark 25:27, Katy Moore 28:53}

Mementoes to all finishers



Michael D Hall
Building Design Services Ltd.

www.michaeldhall.co.uk

01424214541

ENTRIES TO:- RACE SECRETARY,
56 BIRCH WAY, HASTINGS, TN34 2JY, East Sussex.

FEE (PAYABLE TO "HASTINGS RUNNERS 5"):-

£8.50 attached, £10.50 unattached, £5.00 under 17.

£13.00 on day (subject to availability).

A LARGE S.A.E . IS REQUIRED with correct stamp

ENTRIES ON LINE:- www.runnersworld.co.uk/events

Entry forms from:www.hastingsrunners.org.uk



All proceeds to St. Michael's Hospice

Numbers limited to 500, so early entry advised.

Closing date for postal entries is Friday 6th May 2011

Race Director: Tony Demarco. Tel. No.: 01424 442109



Reg. Charity No: 288462

Please enter me in the Hastings Runners 5 Mile 2011 race

SURNAME FORENAME SEX M/F.....

FULL ADDRESS POST CODE

..... Tel No: EMAIL

AGE ON RACE DAY Date Of Birth ESTIMATED TIME

UK AFFILIATED CLUB UK licence No. (if known).....

I will be 15 or over on the day of the race and I accept that the organisers will not be liable for any loss, damage, claim, cost or expenses which may arise in consequence of my participation in this event. I declare that I will not compete in this race unless I am in good health on the day of the race and that , in any event, I will compete at my own risk.. If under 18 a parent/guardian's signature is required.

SIGNATURE Date

OFFICIAL USE ONLY Category Fee enclosed Allocated Race Number.....